

PB Dictations to Evangeline

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Editor’s Note: The majority of the entries in this file are teachings of some kind; but very few entries are dated, nor are the pages in chronological order. The dates we have range from 1951 through 1956, and while some deductions may be made based on the paper, ink and backs of these pages, they are too speculative to be helpful.

Another problem with this file is the presence of the Danish mystic Martinus (properly Martinus Thomsen). Entries J14.149 through J14.226 are all either book extracts or notes taken from conversations with Martinus. We know that PB and Evangeline stayed with Martinus from May or June 1952 until that fall. During that time PB came and went on visits into Czechoslovakia and Evangeline went to The Netherlands and West Germany for voice training and to meet some of PB’s students. Thus each was occasionally on their own with Martinus,

and occasionally together. Some of the notes appear to me to be notes taken in haste while PB and Martinus discussed their views, and some appear to be either direct conversations between Martinus and Evangeline or taken from Martinus' "Book of Life" (Livets Bog), vol. 4, sect. 1560 ff. It is possible that some of the other entries are a mixture of PB's views and those of Martinus. Martinus was a psychic mystic similar to Rudolph Steiner, and saw the spiritual life as an extension or evolution out of Christianity. His vision is vast and creative, but is almost exclusively focused on the subtle world and cosmology. PB is more impersonal and includes ontology, epistemology and metaphysics in his views – which were certainly not based upon Christianity (though he had respect for its essential message, if not for the church itself). Even with these questions of attribution, this file contains many of the issues PB himself was considering in the 1950s, including the appearance of Healani.

That appearance, on December 24, 1955 in the presence of Evangeline is something which may startle some PB students, since he is often quite critical – and skeptical – about channeled material and the entities behind such things. We do know that PB was open to exploring the many manifestations of the subtle world, and that he was concerned lest people lose themselves in its many distractions and temptations. However, we also know from Evangeline that PB did not absolutely disapprove of the occult, or of channeled material, as is obvious from J14.091. Unfortunately, there is no record of or even about the book planned by PB and Healani – or why it was dropped. It would have been published after "A Spiritual Crisis in Man" (1952).

Anything marked "Guruji," "G," "Raphael," or "O" is either a reference to PB, or is meant to be a direct quote from him. Most of the book notes and quotes are those garnered by Evangeline for her own use, though the philosophical texts are likely to have been PB's suggestion. Evangeline sometimes refers to herself as "Eva," "Noel," or "N" – and sometimes refers to herself in the third person, or is transcribing a message from PB where that occurs. In order to make the entries more easily navigable, we have added titles to each entry. All these titles were created by our team and have not been confirmed by Evangeline or her daughter Melody Talcott. For more information about the people and texts Evangeline quotes or references here, please see the file titled "Wiki Standard Info for Comments." For more information about the formatting that we have implemented please see the file titled "Introductory Readers' Guide." This guide includes two tables detailing the chronology of the journals. We have introduced minimal changes to the text; our changes deal with inconsistencies of spelling, educated guesses at illegible words, and the rare modification of grammar for clarity's sake. Whenever there is any question as to whether what is typed is what Evangeline wrote, please consult the associated scan of the original pages, currently to be found in a PDF of the same name. – Timothy Smith (TJS), 2020

J14.001 – PB on the Philosophical Attitude Toward Love; Three Levels of Sexual Drive

The¹ philosophical attitude towards love is not {callous.}² If it appears to be to some it is because they are too attached to their emotional natures.

¹ Page 1

It is inevitable that, with the growth in philosophic understanding and practice, the affections grow larger and deeper too, while their visible demonstration becomes calmer and more equable. Since philosophy is more concerned with realities than with appearances, more concerned with being than with seeming, merely conventional responses in emotional speech and expectation mean less to its practitioner than the silent, inward existence of Love. He doesn't feel any need to give continual evidence of what he feels in order to reassure the other person, who unconsciously fears that love may pass away at any time. Nor does he want to take possession of her as never to allow her to leave his side, and always holding her in a narrow, confining domesticity.

There are three levels of sexual drive: 1 - the animal where the attraction is to any of the opposite sex. 2 - the emotional, romantic drive when only certain types can allure. The love between two beings brings about an emotional response. 3 - the highest level where Intellectual, moral, and cultural affinity is the attraction. The highest aims of the ego must harmonize.

J14.002 - PB on the Psychological Stresses of the World Crisis

The³ intensification⁴ of physical living obsesses modern energies and intoxicates modern [minds.]⁵ [When]⁶ added to the macerating wartime experiences through which so many millions of people have passed during this decade,⁷ [it hardens the nerves and produces [an]⁸ insensitive materialism. It fills the atmosphere with unending strains.]⁹ [The resulting]¹⁰ traumas have inevitably produced a crop of unpleasant psychoses and tormenting neuroses, of unhappy mental disorientations and discouraging nervous exhaustions. Neurotic people are more [plentiful]¹¹ than at any previous time in human history. They are inevitable by-product not only of [a]¹² devastating war, but also [of]¹³ twentieth-century [machine-environments and complicated]¹⁴ pressures of living. If serenity ever had any worth, surely it is today

² We changed "callused" to "callous" for clarity.

³ Page 2

⁴ This entry is typed. PB himself deleted "2" and inserted "(229)" at the top of the page by hand.

⁵ PB himself changed "minds, especially American ones." to "minds." by hand.

⁶ PB himself changed "All this is" to "When" by hand.

⁷ PB himself changed period to comma by hand.

⁸ PB himself inserted "an" by hand.

⁹ PB himself moved "It hardens the nerves and produces insensitive materialism. It fills the atmosphere with unending strains." from after the first sentence of this entry by hand.

¹⁰ PB himself changed "These" to "The resulting" by hand.

¹¹ PB himself deleted "today" after "plentiful" by hand.

¹² PB himself changed "this" to "a" by hand.

¹³ PB himself deleted "the" after "of" by hand.

¹⁴ PB himself changed "machine-driven techniques and of" to "machine-environments and complicated" by hand.

when violence, destruction, turmoil, change, chaos and flux heave their troubled waters? Life is now so agitated that there is real need for a remedy for war neuroses and peace anxieties, [for]¹⁵ an antidote to the unprecedented strains and psychological stresses of the world crisis.

It is common enough to see the unrelaxed man hasten to accomplish his daily programs as soon as possible and [remain]¹⁶ nervously tense until he has done so. It would

J14.003 - Book Excerpts from "Thrust in the Sickle," by Walter C. Lanyon

64.¹⁷ Examine¹⁸ this God power in the midst of you. This enables you to discover its nature. Suppose for a moment you discovered God as Love - and you made yourself One with God - you then could see only Love manifesting in your life and universe.

65. When you begin to conceive that all matter is but the shadow of Spirit and you become one with the spirit, you can perceive how it is that matter is then movable by spirit. Jesus knew this and the moment this concept is achieved, it is lifted up above the law and is under spirit. A shadow must of necessity follow that which casts it, and at no time can or does change the form and outline of itself.

[See¹⁹ the²⁰ difference between demonstrating over fear, and looking into the face of God as Love? The Son can demonstrate protection from fear, but in the Fatherhood degree there is nothing to fear, and nothing from which to be protected.]²¹

In²² a temple of Japan there are three shrines - in the outer court a golden bronze Buddha seated on a lotus. Near to him is the thousand-handed Kannon,²³ the giver of all gifts. In the next room is a crystal Buddha seated on a golden lotus - a thing of infinite beauty and purity and then you are permitted, if you so desire, to enter the

¹⁵ PB himself inserted "for" by hand.

¹⁶ PB himself changed "remaining" to "remain" by hand.

¹⁷ Page 3

¹⁸ The paras in this entry are duplicates of paras 223-11 through 227-19 in Western Thought 2. They are not identified as such here, but there is no doubt of their source. - TJS '20

¹⁹ Page 4

²⁰ Evangeline deleted the para number by hand.

²¹ Evangeline wrote "Insert" at the top of the page, indicating that this section should be moved up to the top of the page.

²² Evangeline deleted the para number by hand.

²³ "Kwannon" in the original, known to Westerners as the Kwan Yin, the Bodhisattva of Compassion.

Holy of Holies - The inner Sanctuary to see the Great Buddha. As you step over the circular doorway and approach the Shrine you suddenly perceive that you are looking at yourself, caught in a mirror which is set on the altar so at last you must pray to yourself.

Pantaenus²⁴ - 150 years A.D. - went to India - independent Evangelist - separate from church²⁵

*66. It is not difficult to understand when matter is handled as the shadow of Spirit, how it can be motivated by Spirit, instead of the reverse movement in which the unenlightened man feels and believes.

67. Jesus kept his feet solidly on the ground and at the same time knew that Heaven was here and now.

68. Looking into the face of God the initiate dies and is instantly born again to the new state of consciousness.

69. So many metaphysicians use the Truth as a narcotic. They talk of and about it, listen to extravagant demonstrations, seek out a distorted, impossible, fantastic presentation of the Word of God, which induces reckless and imaginary well-being. All such orgies of "talking of and about" the Truth, they experience all the joys of the drug addict, but they, too, eventually awake.

70.²⁶ Man cannot take the kingdom of Heaven by storm. Beyond our conscious thinking lies heaven, but to attempt to take this by violence, or by any other way than prescribed by Christ, is to experience a return to the former state.

71. You may awaken from the dreams in which you are merely talking of and about the Truth, and know all results from this dream are merely imaginary and never really have a body or form. You may see you are using the Truth as a mild narcotic - that it is a Lotus land - where you escape the hard and fast details of life. And this seeing is the beginning of wisdom. From then on you will begin the embodiment of this idea.

72.²⁷ All the conversation of Jesus is in the first person and the present tense. All actual power is in the present tense. All life is in the present tense.

²⁴ Page 5

²⁵ Evangeline inserted this line at the top of the page, separated from the rest of the text with a line. It is not numbered.

²⁶ Page 6

²⁷ Page 7

73. Without recognition of the Presence and a complete disregard of appearances it is impossible to move into the new pattern.

*74. Jesus knew that unless you took the attention away from the seemingly evil pattern of life, you would continue to keep it in manifestation by feeding it with the very substance that had brought it into being - i.e. conscious thinking. The moment the attention is taken away from conscious thinking it begins to decline and weaken.

75. Jesus knew this was the only way to eliminate the parasites of life - evils built up through judging from appearances. "I have come not to destroy but to fulfill."

76.²⁸ The Caterpillar is not destroyed when it evolved into a butterfly - "ye must decrease, I must increase." As the attention is taken away from the patterns or parasites of belief the power is drawn away from them and absorbed into the New expression.

77. God is not a great warrior battling with evil, but a Revelator.

*78. Realize that the Universe is an outpouring of your own Consciousness.

79. "The²⁹ things that eyes have not seen nor ears heard and that have not yet entered into the heart of man, are the things that are prepared for you: those that have been seen, heard, and experienced already do not need any revelation."

A³⁰ financier once said to me, "I don't see that making money is any great demonstration; the world is full of men who are daily engaged only in making money," yet I hear students of metaphysics all excited about having gained an extra five dollars. If they wanted to put forth this effort, they could gain the same end and perhaps more intelligently through work. There is something to consider in this cold, unemotional view of it all. Jesus wasted no time with things that were already happening, he worked wholly in the spirit of bringing forth that which was apparently impossible.

80. When we "expect" in the generally accepted sense of the word, it is merely a covering for a great doubt or fear that the thing will not come to pass.

81.³¹ The law of expectation which accomplishes such startling results is that which has accepted the definite possibility of its expectation being fulfilled, and acted accordingly.

²⁸ Page 8

²⁹ This is a version of 1 Corinthians 2:9.

³⁰ Page 9

³¹ Page 10

82. A man cannot attain substance or prosperity when he is sledding along under the most intense poverty. He has not the capacity, even though he has the right to possess it. He must “be born again” – arrive at a new state of consciousness where prosperity is natural and normal, not a “demonstrated” thing.

83. It is by accepting the Promises of God as real and true, and disregarding the harangue of the senses that man begins the new birth process and enters into the new consciousness.

84.³² When you understand that it is quite natural for a fig tree to bear figs, you will see why Jesus (making himself as God) could not help but do the works of God. No miracle – but natural.

85. Your body is the outpicturing of your consciousness. When consciousness changes, it will change.

86. “Leave all and follow me” means just that, no more or less – and if you are not ready to leave all – the all of your conscious thinking and “Follow Me” you will keep trying to do the work of Christ while yet you have the unawakened heavy body of the Consciousness, which know good and evil and which has a set of laws which will eventually defeat you. If it is possible in consciousness, it is possible to the body, but just as the caterpillar has to change its embodiment before it can fulfill the consciousness³³ of flying so you will have to change your embodiment of manifestation before you can accomplish the desires of your heart.

However, the change within you is not as drastic as the butterfly – it is a change within your consciousness.

Believest thou that I AM able to do this? Understand that it is the Divinity within you and when you recognize Its possibilities, no matter what the embodiment has been, it will change to the outline and form necessary to accommodate the new consciousness into which you have entered.

87. Do not try to change the outside, nor {try}³⁴ to prosper yourself from the relative plane.

88.³⁵ You are not a material separate from God, but a being of pure spirit. (Raphael: you are pure consciousness)

³² Page 11

³³ Page 12

³⁴ We changed “trying” to “try” for clarity and to match duplicate para 227-4 in Western Thought 2.

³⁵ Page 13

89. You are a king by the name of - I AM - but you fail to recognize this.

90. Just as David Windsor is born to take his place as king, if he did not recognize this and take advantage of it, he would never have the power of being King.

91. As the wave is one with the ocean - never for one instant separated - and rises and loses itself in the ocean, so man finds by "Losing" his life, he finds it, and by saving his life he loses it. When you lose your little personal sense of life, you find the One life.

92. Press your claim as child of the Living God! It means that there is no more personal effort to do or to be. It means the Father within is responsible and it means that the I AM goes before John Smith and makes the way clear.

93. We have been hypnotized to the belief that we are the body. Then we can awaken to the fact that the power³⁶ is pouring through us, never the same, and always the same. It is a constant change of changeless power coming into manifestation.

94. To know the Me - the I Am and to identify yourself with this is to experience the Life Eternal which needs nothing.

95. All sin {and problems are}³⁷ but ignorance of Me - it is the conscious or unconscious ignoring of My Presence, Me, Your Inner Lord, your True Self and the Real You.

96. My (Your) Self - will reveal itself to you, but only after the desire for show, fame and name have faded and You are on the high-way of life.

97. Jesus did not use his Christ Power by thinking he was specially favored manifestation of the creation, but by accepting the³⁸ good, the joy, and the power as natural, easy and free.

98. Just as a smile transforms the entire face of a person, so the recognition of the Spirit will transform with all ease, and none of the difficulties of human effort, the entire life of a person.

99. Take off the sordid robes of personality, name, fame and put on the glorious shimmering robe of immortality.

³⁶ Page 14

³⁷ Evangeline inserted "+ problems," as such we have changed "is" to "and." This is a duplicate of para 227-12 in the file Western Thought 2. - TJS '20

³⁸ Page 15

100. I AM, here there, and everywhere – To recognize this is to understand how you can reach across the universe and touch ME in another being and cause that being to take on the splendid sense of health, happiness and prosperity that you formerly tried to make happen by beseeching special favors of Me.

101. If you once glimpse the All-Presence in the All-Now you will begin to see that I AM not only here, there and everywhere but I AM everything, and partake of the nature³⁹ of everything through this great Oneness. I AM everything and everybody; I AM ALL.

102. “If a man lose his life he shall find it.” If you lose the personality, letting it be swallowed up in the I AM then will you lose also all the human law pertaining to that personality; the problems of that personality will then be of no concern to you, for they will cease to exist. The personality is on the plane of cause and effect. –

103.⁴⁰ You shall overcome death and say “whereas before I was dead, Now (the only now) I AM alive.”

104. Take away the condemnation from your world, bathe it in the new Light of Love and Life. When you cease to look for evil, it will cease to manifest for you.

J14.017 – Book Notes from Sri Atmananda’s Writings

The⁴¹ jnana-samadhi is got by taking intense thought about the nature of the real self as pure consciousness, repeating it constantly.⁴²

Real art is a search for Reality, but when the artist wallows in his ego – his art is merely an end in itself.⁴³

You have never left the real “I” it alone was and is.⁴⁴

Better⁴⁵ than the constant battling against the different activities of the ego is to turn one’s head away from it altogether and keep on regarding the Atma alone. This is the quickest path.⁴⁶

³⁹ Page 16

⁴⁰ Evangeline wrote “Start” in pencil in the left margin at the beginning of this line.

⁴¹ Page 17

⁴² This is a duplicate of para 56-6 in Atmananda +5. – TJS ‘20

⁴³ This is a duplicate of para 61-2 in Atmananda +5. – TJS ‘20

⁴⁴ This is a duplicate of para 61-7 in Atmananda +5. – TJS ‘20

⁴⁵ Page 18

Essence of Vedanta is Love; nothing injurious to others can arise from him.⁴⁷

J14.019 - PB to Bernard Masson on the World Crisis and Nuclear War

P.B.⁴⁸ to Bernard⁴⁹

The⁵⁰ plan was given you by the Higher powers working through your subconscious mind under such conditions which appear to show that you are the one intended to execute it and to put it into practice. Another proof is the extraordinary difficulty I have had in trying to get the Plan communicated to me, since you first mentioned it. The way seems to have been blocked as if to indicate that it should not be taken away from you. Why don't you accept the responsibility for it and put it into practice without putting me into it, especially so - since as you say, I am so impractical.

(4) Your idea that the Russians would not trouble to take Australia or New Zealand, but would concentrate on the U.S.A. alone, may or may not be correct, but you have forgotten to include Red China in your calculations. The Chinese are very bitter against the Australians for having rigidly excluded them from emigrating into their country and since there would be air bases in Australia and New Zealand⁵¹ from which China would be attacked, they could not afford to ignore it. Your statement that Argentina is not safer than Australia and New Zealand⁵² is also incorrect for the simple reason that Argentina is a neutral, whereas Australia is an ally of the U.S. and England.

(5) The Pacific islands are out. First, because of its low safety factor. The British are making atomic bomb experiments even now in Australia and the U.S. in the South Pacific.⁵³ With the increase of the power of the bombs every year, the fallout radiation danger areas are increasing even before the war starts.

Secondly, you have again failed to take Red China into account. It is close to this region to take an active interest in attacking these islands where the U.S. and British have bases. This, they must do since they know that they will themselves be attacked by planes coming from these bases.

⁴⁶ This is a duplicate of para 49-2 in Atmananda +5. - TJS '20

⁴⁷ This is a duplicate of para 63-2 in Atmananda +5. - TJS '20

⁴⁸ Page 19

⁴⁹ PB himself inserted "P.B. to Bernard" at the top of the page by hand. Referring to Bernard Masson.

⁵⁰ This entry is typed.

⁵¹ "N.Z." in the original

⁵² "N.Z." in the original

⁵³ "S. Pacific" in the original

Thirdly, by 1960 the Chinese will most probably be supplied with a number of atomic bombs by Russia for use in the Pacific theater of war. This will create a fallout danger over many of the islands and certainly over Australia.

Fourthly, the living conditions before the crisis in most of the Pacific islands are no longer romantic and beautiful as they were 50 years ago.

As regards Ceylon, communist feeling is widespread. Shortly after Jacques left there, a new government of communistic sympathizer and anti-west feeling came into power. As regards Buddhistic countries being opposed to war, this is as theoretical as Christianity is. Both Burma and Siam have a record of being at war with each other.

As for India, the {news}⁵⁴ of the last few months is full of Russian influence money, technicians and agitators pouring into the country.

I⁵⁵ would like to add that I have never told anyone in all the years that I was predicting the third war that at the time, I got the revelation about this coming war, I was told that the underprivileged masses of the materially backward Asiatic countries were destined by Karma to undergo a revolutionary reversal of their position. This has already happened in China and Tibet. So then, India cannot avoid it. I never mentioned this fact before because I foresaw the hysterical feeling against communism which would develop in the U.S. and merely to make such a prediction would have endangered my position as a resident alien of the U.S. and could have led to being deported. I therefore, request you, should you mention this to anyone, to keep my name out of it and to treat these statements as strictly confidential. Although you don't mention it, the Continent of Africa is ruled out as a refuge because in the North the Arabs are on the rampage and in the rest of the continent the black people are waiting for an explosive revenge on the whites.⁵⁶ We⁵⁷ are left with no other choice than South America⁵⁸ or the few islands nearest South America such as the Falkland Islands which are British and Easter Isles which are Chilean. In South America itself the northern part including Colombia, Peru, and Brazil are too near the Panama Canal to be out of danger of fallout radiations should the canal be bombed as is likely.

This leaves only Chile, Uruguay and Argentina, and I'm in the midst of collecting information about these three. However, I am hampered by the lack of on-the-spot firsthand information which particularly concerns we questers. I'm pursuing inquiries where I go in Europe about the South American situation from every angle. In all this I'm having in view the needs of the penniless questers since I know that the moneyed ones can take care of themselves anyway. It seems that to get really accurate answers some quester must go there and make personal investigation. The results so

⁵⁴ We changed "nes" to "news" for clarity.

⁵⁵ PB himself inserted an asterisk above a vertical line in the left margin about halfway down this paragraph by hand.

⁵⁶ PB himself inserted underline by hand.

⁵⁷ Page 21. (Page 20 is blank.)

⁵⁸ "S.A." in the original. (We have extended this to "South America" throughout this entry.)

far in all my searching are occasionally contradictory and sometimes disheartening, but we don't expect it to be smooth sailing all the way.

The reason why the decision about location has to be made next year is that as 1960 draws near, the world crisis may get sufficiently worse to force even the U.S. to introduce either financial controls, transfer of capital restrictions, currency controls, draft conscription extensions and curtailing freedom of personal movement. Naturally, it would be much pleasanter to just sit down and wait for 1960 and then decide, as the decision would then be more in accordance with the latest facts, but it might then be impossible to do anything at all.

#

I⁵⁹ was delighted to hear once again of the old chestnut about tying the pieces of string together which I have heard so many times before and from so many various people. It never fails to amuse me each time. However, you must admit that in comparison with the terrible blows on the head that Milarepa received and which knocked him unconscious, your suffering while seated comfortably in a revolving chair for two hours tying the string, is much lighter a test.⁶⁰

You must also admit that having to spend \$1.20 going downtown while seated in a luxurious latest 1946 model taxi, to exchange a 10¢ article is also a little lighter a test than having to carry huge blocks of stone on the shoulders, blistering them, and rubbing the skin raw to build a cottage and then have to tear it down several times over.

Your reply to this letter may well be very important to your future and perhaps even to the future of other people.⁶¹

J14.023 - On Business Manners

Manners⁶² - Business manners is always to do the gracious thing. Business department should always remain slightly formal no matter how long the persons are associated. Informality leads to injured feelings through misunderstandings.⁶³

J14.025 - PB on Crushing the Ego, and Studying Tibetan Buddhism

⁵⁹ The original editor—possibly Lorraine Stevens—marked the remainder of this page with a vertical line and asterisk in the left margin and inserted “Ha!” by hand.

⁶⁰ Referring to a task set for Bernard Masson by PB: to tie bits of string together to make a ball of string (when a brand new ball was easily obtained at any store). PB sometimes set such tasks so that he could observe the thoughts and emotions of the person, and their self-control—all very real concerns for a person trying to access deeper meditation states, as a misstep can bring psychosis. (My tasks were to sort a box of keys and return a single light bulb to a grocery store for a refund.) – TJS '20

⁶¹ Page 22 is blank.

⁶² Page 23

⁶³ The bottom of the page is torn off. Page 24 is a void page.

Guruji.⁶⁴ “The real and lasting way to crush the ego is not a public demonstration of debasing oneself (like shaving head) which is only a dramatic, emotional one, and therefore born of emotion cannot last, but there are ways of crushing the ego silently throughout the day and by going within oneself.”

“As a phase Tibetan Buddhist⁶⁵ study is alright for you.”

#

Read: Yeats-Brown⁶⁶ – “Bengal Lancer.”⁶⁷⁶⁸

J14.027 – PB on How Positive Thoughts Work

“If⁶⁹ you⁷⁰ keep your thoughts positive and have faith no matter what the outward circumstances appear to be then everything will work for your highest good.

You must do your part, however.”⁷¹

J14.029 – PB on the Physical Body, Meditation, Efforts of the Ego to Identify with the Overself Leads to Grace

You⁷² can have intuitive awareness plus thoughts. If thinking is done in the light of intuitive awareness then you are creating {and discovering.}⁷³

If the thought is with the powerful determination to penetrate to Reality.

Did Jesus say “My God My God, why hast thou forsaken me.”

Put yourself in the place of someone who has achieved Jesus’ consciousness. If he has⁷⁴ achieved that state and established himself in it, he would never say this because he never would identify himself with his body.

⁶⁴ Page 25

⁶⁵ “Buddhistic” in the original, which was legitimate at the time. – TJS ‘20

⁶⁶ Francis Yeats-Brown (1886-1944) was an officer in the British Indian army.

⁶⁷ “The Lives of a Bengal Lancer,” Yeats-Brown’s autobiography, was published in 1930.

⁶⁸ Page 26 is a void page. It is a ‘tab’ for one of PB’s notebooks; it reads “XIX Religion” in his handwriting and does not refer to the topics on the other side of the page—this is scrap being reused by Evangeline. – TJS ‘20

⁶⁹ Page 27

⁷⁰ Evangeline inserted “P.B.” at the top of the page and inserted quotation marks at a later date with a different pen.

⁷¹ Page 28 is blank.

⁷² Page 29

⁷³ This looks like “and discovery” in the original; we have changed it to “and discovering” for clarity. – TJS ‘20

⁷⁴ Page 31. (Page 30 is blank.)

The Maharshi⁷⁵ was overheard during the night to say “God, God,” in an anguished way when he was suffering from intense agony.

He could not have lost his awareness but he was also aware of the body if he lived in it.

When⁷⁶ you awaken you will instinctively feel what to meditate upon.

#

If this does not happen revert to previous night’s meditation or use this to meditate upon - “Through all my activities of this coming day, I will remain ever mindful of the calm, strong, Overself. I will not identify myself with ego alone but only with the ego as a clear channel for the Overself.”

Within⁷⁷ yourself means outside the physical body or world - it means within your mind or near your, feeling his presence with higher intuition or by the heart which means feeling.

Not within the physical body but outside it.

The⁷⁸ Maharshi’s⁷⁹ self knowing and point of view was to ignore the body. This sickness forced him to be aware of the body. Jesus’ crucifixion on the cross, he asked to go out on this mission.

They are interpretations “why has thou” - Those words were written down by memory. The people were already dividing into sects. Then the⁸⁰ identification with the Overself being mental will also give rise to questions.

All efforts of the ego to identify itself with the Overself will eventually give rise to Grace.

But realize that it is only another thought when identifying with Overself and is not awareness itself.

Seek the power of overcoming self and let others alone.

P.B.⁸¹

J14.041 - PB on Jung and Happiness

Jung⁸² was⁸³ a very unhappy man. He always was dissatisfied with his life and that he had not achieved the fame he wanted. He was very famous but not enough for him. He was very introverted, but after a few days alone he wanted to return to society and have all his ideas accepted. His life proved to me that just by being a great

⁷⁵ “Maharshee” in the original

⁷⁶ Page 33. (Page 32 is blank.)

⁷⁷ Page 35. (Page 34 is blank.)

⁷⁸ Page 37. (Page 36 is blank.)

⁷⁹ “Maharshee’s” in the original

⁸⁰ Page 39. (Page 38 is blank.)

⁸¹ Page 40 is blank.

⁸² Page 41

⁸³ Carl Gustav Jung

psychiatrist one does not find happiness. We should⁸⁴ not be looking for permanent happiness but rather for acceptance of ourselves and the joy and pain of life.

J14.043 – PB on Becoming a Sage

When⁸⁵ he becomes a sage, he awakens from the dream of this world.⁸⁶

J14.045 – PB on His Only Message to Seekers: “Look Within”

“I⁸⁷ have given everyone the only message I have. – “Look within. Thou are Buddha, Christ, Guru, God.”

Let them look to themselves, not me.⁸⁸

J14.047 – 1958 – PB and Evangeline on True Inspiration and Art; PB on How Evangeline Must Develop Calmness

Guruji⁸⁹ Raphael⁹⁰ – “True⁹¹ inspiration, (not just emotional inspiration)⁹² which the genuine artist experiences comes from the Overself. The world of harmony and beauty he experiences is very close to God – It is not Illumination, however, but if it is recognized as a small bit of God consciousness only then there is no danger of being of deception that this is the ultimate, as many artists feel, therefore make art their⁹³ God. Recognize its true value, limited in comparison with full Illumination and use it to uplift the self and purify it.

Noel – After being removed from the commonplace to the heights then complete the circle by injecting the commonplace with the inspiration. This is balance – completion.

Then offer all to God –

Raphael – “When you are expressing⁹⁴ yourself through your music – it is good – this is your work.”

⁸⁴ Page 42

⁸⁵ Page 43

⁸⁶ Page 44 is a void page.

⁸⁷ Page 45

⁸⁸ Page 46 is a void page.

⁸⁹ Page 47

⁹⁰ “Gj. Raphaël” in the original.

⁹¹ Evangeline inserted “(1958)” at the top of the page at a later date in a different pen.

⁹² Evangeline inserted parentheses in pencil at a later date.

⁹³ Page 48

⁹⁴ Page 49

Noel – When this happens no longer say “Who am I” my place and identity is on its way to being found – although always there will be growth aspiration toward the ultimate within me.

Raphael – “The inner is conditioned by the outer except in the time of great crisis⁹⁵ when the inner pushes through. Madame Lehmann⁹⁶ is inspiring the technique in the art of expression. Opening doors to {your self-expression,}⁹⁷ your inner world of inspiration.

#

Raphael⁹⁸ – “You must develop calmness. Mastery of your emotions – Every negative emotion controlled. See them for what they are and remain calm – detached.

J14.051 Two Short Quotes from PB

Guruji⁹⁹ of Maharshi: “He was individually or personally a kind man but when at war in theory he said it was karma and he could only witness it.

*Guruji: We get nothing permanently without struggle and plain hard work.¹⁰⁰

J14.053 – December 15 – PB on Raw Food, Mostly Fruit, for Diet from Philosophical Standpoint

Guruji¹⁰¹ – Dec. 15th

From a philosophical point of view one should eat raw food, most fruits as they leave the body light and the mind alert and free for concentration instead of dull and heavy. One should not eat heavy food or too much of any food.

¹⁰²

J14.055 – PB on Love, Marriage and Aging – and on Wanting Evangeline with Him

Raphael:¹⁰³ “When¹⁰⁴ you are young and immature you live in imagination and emotion and therefore your ideas of love and marriage are lacking in reason, or reason

⁹⁵ Page 50

⁹⁶ “Mdme” in the original. Referring to Madame Lotte Lehmann, the famous soprano – voice coach to Evangeline and Beau was her biographer. – TJS ‘20

⁹⁷ We changed “yourself expression” to “your self-expression” for clarity.

⁹⁸ “R” in the original.

⁹⁹ Page 51

¹⁰⁰ Page 52 is blank.

¹⁰¹ Page 53

¹⁰² Page 54. “VI” was written by PB in large blue pencil – this was a tab for his Idea Series and nothing to do with Evangeline’s note. – TJS ‘20

¹⁰³ Page 55

¹⁰⁴ This entry is a duplicate of entry J15.125 in Family – Evangeline Glass Notes with PB.

is controlled by these others. When people continue to live in these they develop neurotic self-pity for “what could have been.”

“Having lovers is not wanting love, or being attended to by them is not love, it is only the vanity of a woman wanting to be admired, and the passion of a man wanting fulfillment. This is not love.”

“You desire to love and to be loved.”

“There are times when I have to be alone when carrying out my mission (as messenger) but then when my time is my own I want you to be with me.”¹⁰⁵

J14.057 – PB and Evangeline on How to Grow Spiritually; PB on the Short Path and the Long Path

Noel¹⁰⁶ to Guruji: “How can one grow spiritually?”

Guru – “By meditation, by understanding the truth intellectually, and by self recollecting and by the help of the Guru in pointing out to them the obstacles in their character preventing illumination.”*

[I can tell the disciple only what he is ready for – no more – thus prepare yourself spiritually if you want him to give you great help and advice. You are nothing now – for you have made no or little conscious effort to gain growth. It is entirely upon your shoulders.]¹⁰⁷

If you are always true to the deep concentrated self – all will work out well. There you have stability and stillness and can follow higher intuition and guidance. Always stay in deepest, concentrated self.

Symphony¹⁰⁸ # 2 {Sinfonia grave}¹⁰⁹ Rosenberg¹¹⁰

“But though he was very sensitive about everything that concerned himself, he was very obtuse as regards the feelings and sensations of others – partly from his youth and inexperience, partly from his intense egoism.”

¹⁰⁵ Page 56 is blank.

¹⁰⁶ Page 57

¹⁰⁷ Evangeline circled this paragraph, which was originally below the following paragraph, and inserted it here with an arrow.

¹⁰⁸ In the right margin of the page, Evangeline wrote “Raphaël” and “Noël” and “Raphaëlle” and “Noëlle” multiple times.

¹⁰⁹ Illegible; it looks like “Fontizia” but there is no such movement or composition by Rosenberg, so we have inserted “Sinfonia grave,” the traditional title of the second symphony for clarity. – TJS ‘20

¹¹⁰ Hilding Rosenberg (1892-1985) was the first Swedish modernist composer.

Courage¹¹¹, cheerfulness, fearlessness¹¹²

The short Path writer says “The Kingdom of Heaven is Within you” but the philosopher combines this with the Long Path and says “The Kingdom etc. but you must conquer the body, emotions and their effect on the mind to find it.”

People like {Ida Masson}¹¹³ are looking for mystical experiences. They don’t realize that an experience has a beginning so it must therefore have an ending.

*The only way to have lasting knowledge is to find it through training the intellect metaphysically and through meditation. It can only come through understanding and has to be worked out for oneself. We are on the Quest because it is the right thing to do, not because we are seeking experiences. They are only temporary.

J14.059 - PB’s Conversations with Noel: 22 Paras on Life Lessons

P.B.’s¹¹⁴ CONVERSATIONS WITH NOEL.¹¹⁵

(1) The student should seek the Highest within, {so}¹¹⁶ as to realize it constantly and also seek the highest in the world - so as to have a channel to express the high realization.

(2) You cannot blame a person for what he does when his inner faculties have not yet awakened and possessed him. He is only doing what he can. Never criticize.

(3) Do not force the experience of Illumination. This comes only by Grace, and forcing will only make one maladjusted and unbalanced. Your part is to make the ego

¹¹¹ Page 58

¹¹² This entry is written on the front and back of a card that reads:

“God bless you at this Christmastide
And keep you in His care,
And may He guide you with His love
Always and everywhere -
God give you every Christmas joy
That comes from heaven above,
And may He always bless your life
With His unending love.”

¹¹³ “I.” in the original; most likely referring to Bernard Masson’s wife Ida. – TJS ‘20

¹¹⁴ Page 59

¹¹⁵ This entry is typed – this version is the carbon. (The reverse side of each page is a form letter that PB sends to correspondents.)

¹¹⁶ We changed “as” to “so” for clarity.

into its highest expression, its most positive and purified self. The Higher Power can then manifest through Grace, when the time is right. Through purification one removes the obstacles which block out the Overself.

(4) If you desire to grow spiritually it means a crucifixion of the emotions and the ego. It is very difficult and painful to acquire this growth. It is a slow process. Although P.B. had a Guru, he had to learn his lessons alone and the hard slow way. The Guru pointed the way for him but he had to walk it alone.

(5) The world has to undergo another war. Nature teaches sometimes by violence. She is not sentimental. The good will suffer with the bad because of their ignorance. Man must wake up. He must grow. There is a three-fold evolution going on: physical, mental, and spiritual. We suffer through separately, and because of our ignorance.

We are not here on this planet for our enjoyment or happiness, but for the purpose of growth in all three of these evolutions. (You are not here for Bhoga,¹¹⁷ but for Yoga!)

(6) Each form of evolution must go on, despite our personal feelings or thoughts. Therefore, the plan behind the world has already mapped out our course of growth and we cannot stop it.

(7) The student should live each day alone, doing his duty as it arises and accepting its responsibilities. Leave the future to the Higher Power. Live each day by the spiritual principles you have learned and then balance will follow in your character. The neurotic is moving only in his own small world, concerned only with his feelings (desires). He is centered in his own little self. To be released from this prison of selfishness, he must be interested in others and try to help them in any way he is equipped to do so. And very important is a time set aside each day for meditation. This will greatly balance and center the student in the Real Self.

(8)¹¹⁸ One must not act, live, or think in sentimentality and feeling. Not be motivated by emotions primarily but by reason (which is, in its highest form, made up of true feeling, rightness, in clearly seeking the right thing to do for all concerned). In this pure form of reasoning which is motivated by complete unselfishness, egolessness – because it is detached from the personal, selfish little personality. Therefore, one can truly be rational, mature and balanced.

¹¹⁷ “Bhoga” is a common technical term for sensual enjoyment or experience in the body. – TJS
'20

¹¹⁸ Page 61. (Page 60 is a void page.)

(9) Buddha said: “Watch what you think, say and do: – for that is karma – each moment you make the next _____¹¹⁹

(10) The selfish or self-centered person thinks only of his duty to himself – thinks only of satisfying his own wants first of all, not caring if he takes from others or harms them. The next higher type thinks next of his immediate family only. But the highest type of all gives equal regard to himself, to his family, and to whomever crosses his path and to the world at large. Further, the highest spiritual being identifies himself equally with everyone and feels no difference between himself and all others. One should never satisfy his desires by taking away from or by harming another. Each person is entitled to so much according to his individual position and rights but no more. And must be as liberal to others as he is to himself.

(11) A good thing to remember at all times, is Harmlessness, – towards all creatures in thought, word and action. One should not live for oneself alone, but to perform his duty to other beings. This is unselfishness.

(12) Emotion is self-centered. Even the highest emotions are still centered in the self – but feeling can be unselfish.

(13) When dealing with complex personal situations, one should detach oneself and follow intuition instead of emotion. Then it will be solved rightly. In each unpleasant relationship, we will not be free of it karmically until we have mentally freed ourselves from all negative thoughts and acts concerning it. We must adjust ourselves to it, therefore overcoming it. Then we are no longer karmically duty bound, but are free. Then other outer karmic forces will free us or we may be guided inwardly as to how to free ourselves outwardly.

(14) Learn to identify yourself with others.¹²⁰

(16)¹²¹ Creative activity is the highest form of activity and is the closest the ego can come to directly by its own will, to the Higher Self. In its deeper state of concentration, the creative faculty can touch the highest. It should be cultivated and developed as a great aid to spiritual growth.

(17) Life is a preparation for death, just as death is a preparation for life.

(18) One must develop wisdom, self-discipline and self-control in this life, for if he does not, he will suffer greatly after death. He will be full of physical appetites and

¹¹⁹ A blank space was left in the original.

¹²⁰ The bottom of the page is cut off; item 15 is missing.

¹²¹ Page 63. (Page 62 is a void page.)

he will have not body to satisfy them with. Whereas with wisdom and disciplined body and emotions he will find a relatively easy adjustment.

(19) Self control is your greatest friend.

(20) Every neurotic P.B. has known says and does the same things: "I am going to do etc. etc." Never do they do anything - always will do great things in the future. This is the story of their life, going to do such wonderful things, instead of doing them.

(21) Impulsiveness in itself can be a great help to moving quickly to your goal, but by itself, without the check and balance of other development, it becomes fanaticism and is harmful. Practical qualities must be developed first of all.

(22) When you are in contact with the Overself in solving a problem, you receive a direct command as to what to do, and you then know it is right. Whereas, if you are not in contact with the Overself, but only being carried along through karma, then you are swinging back and forth, with emotion, but the outcome is the same.¹²²

J14.065 - April 22 - PB on Developing Maturity Before Being Ready for the Guru, and on Depression

April¹²³ 22nd:

Guruji: "The Indians have said that the disciple should have been developed emotionally and have achieved maturity before coming to the Guru. He should not be troubled with infantile emotions and complexes. Henry is a good example of maturity. If the disciples do not have this development they are not ready for the Guru."

#

Depression is only an emotional state (negative). It can be controlled and finally destroyed.

#¹²⁴

J14.067 - Emerson Quote, PB on the Importance of Thinking, the Importance of the Body, Destiny's Opportunities

"Emerson:¹²⁵ Most¹²⁶ people think only once or twice a day, I think twelve times, that makes me a genius."

¹²² Page 64 is a void page (It is a form letter).

¹²³ Page 65

¹²⁴ Page 66 is a void page (It is an address card reading: "GEOFFREY WATKINS, Res: 40 Stanford Road, Kensington Court W. 8, London, Bus: 21 Cecil Court, Charing Cross Road, London").

#

Guruji: "Usually no thought process goes on before people speak, they just babble on with bits of sounds which they have heard others speak. You do not have to think to live in the world, but to grow out of it you must learn to think."

Noel: "This is what happened to me two weeks ago on New York arrival. I was thinking constantly, and thus lived in higher mental being, out of emotional state. That is why Titus¹²⁷ is so stimulating. He is a thinker. Now [guard]¹²⁸ the speech. Use thought process before speaking. Be conscious and aware of each moment as it passes.

Guruji¹²⁹ Before my first Illumination I did breathing and physical exercises each morning. The body is important. It is our only means of understanding. We must rise up to higher planes through the body.

#

Opportunities only come once. Destiny gives you these and you must realize their importance. Exploit, squeeze out all you can while the opportunity exists, so that when it passes you can have something from it to carry you on. (Time with Guruji)

J14.069 - PB on Not Blaming Other People, Not Forcing Alaya Experience, Making the Ego Its Highest Self, Purification

*You¹³⁰ cannot blame a person for what he does; when his inner faculties have not awakened and possessed him. He is doing only what he can. Do not think of it {and}¹³¹ never criticize it.

Do¹³² not force the Alaya¹³³ experience. This comes by Grace, and forcing will only make one maladjusted and unbalanced.

Your part is to make the ego its highest, most positive pure self. The Higher power can then manifest through Grace, when the time is right.

By purification one removes the obstacles which block out the Overself.

¹²⁵ Page 67

¹²⁶ Ralph Waldo Emerson

¹²⁷ Referring to Titus Podea, the husband of Evangeline's friend Dr Mary Podea. – TJS '20

¹²⁸ Evangeline changed "watch" to "guard."

¹²⁹ Page 68

¹³⁰ Page 69

¹³¹ We changed "or" to "and" for clarity.

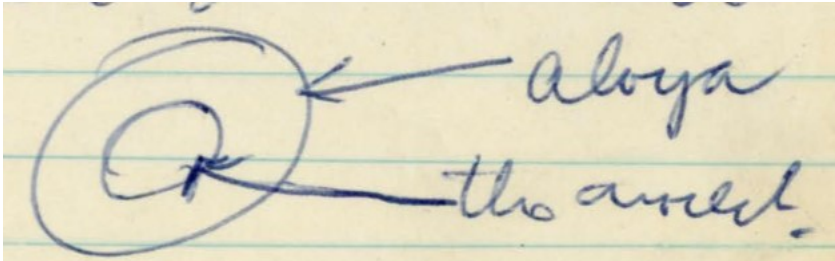
¹³² Page 71. (Page 70 is blank.)

¹³³ Alaya-vijnana is the eighth of the eight levels of consciousness of Yogacara, a Mahayana philosophy that is primarily concerned with the nature of experience. In this context, vijnana refers to the awareness that intersects a sense faculty with a sense object. It is the awareness that connects an eye to a sight or an ear to a sound. The alaya-vijnana is the foundation or basis of all consciousness, and it contains impressions of all of our past action. – TJS '20

The¹³⁴ student should seek the Highest within, so as to realize it constantly and also seek the highest in the world - so as to have a channel to express the high realization.*

#

P.B. told me this when he said "The real attainment and adjustment of the individual is the circle within the circle."¹³⁵



J14.075 - PB on His Talent for Writing; Short Path Advice

Raphael:¹³⁶ "My talent was for writing - no matter what I wrote, I was creating - although the subject matter of spiritual things caught my heart and soul up in the creativity."¹³⁷

You¹³⁸ must be on guard - all through the day - to keep level of consciousness on highest adult level. Never let it slip from you. If so, for a second, immediately fight back to self. "Seek ye first the¹³⁹

J14.077 - PB on Evangeline's Leniency on the Quest and Other People's Mistake in Leaving the Quest

P.B.¹⁴⁰ to E:

You are given great leniency on the quest to deviate, but after a certain length of time you are taken away from your own selfish desires and made to pay heed again to Quest.

{Jacques and Diana}¹⁴¹ had better not go too far in their pleasure life or his luck may change.

¹³⁴ Page 73. (Page 72 is blank.)

¹³⁵ Page 74 is blank.

¹³⁶ Page 75

¹³⁷ The bottom of the page is cut off.

¹³⁸ Page 76

¹³⁹ The bottom of the page is cut off.

¹⁴⁰ Page 77

¹⁴¹ "D." in the original. Jacques Masson and Diana Siegler Masson are followers of PB.

The trouble is when most are made to leave formally the Quest,¹⁴² like Gertrude¹⁴³ they throw everything away. They have to leave the Quest [only partially]¹⁴⁴ to assume new experiences and lessons, but they do not realize that everything is the Quest.¹⁴⁵

J14.079 - {1954} - PB on Finding Happiness

“Cultivate¹⁴⁶ calmness and self-control to be always Happy” – Raphael¹⁴⁷

J14.081 - {1956} - PB on Surrendering to the Higher Power for Guidance

When¹⁴⁸ a¹⁴⁹ decision has to be made, and different sides of one’s nature are pulling in different directions, creating inner conflict, bewilderment, and rendering a firm decision impossible, what is the aspirant to do? find the true guidance? Let him first surrender the problems to the Higher Power. This surrender is best formulated through the medium of a heartfelt prayer in which there is earnest desire first to learn and then to accept the guidance. This must be done with the utmost concentration and sincerity, seeking [to learn]¹⁵⁰ the Higher will and [being ready]¹⁵¹ to abide by it even if it disagrees with the personal desire.

After this is done, wait calmly [for days or even weeks]¹⁵² with faith that the solution to the problem will eventually come. If it does not come directly from within as an intuitive certitude then it may come [through some event or contact or]¹⁵³ as a distinct trend forming itself in outward circumstances and pointing to a specific direction.¹⁵⁴

¹⁴² “Q” in the original

¹⁴³ Very probably referring to the pianist/suffragette Gertrude Foster Brown, known for her passion and her emotionality. (She appears in other Evangeline notes.) – TJS ‘20

¹⁴⁴ Evangeline changed “completely” to “only partially.”

¹⁴⁵ Page 78 is a void page (a dry cleaning receipt).

¹⁴⁶ Page 79

¹⁴⁷ Page 80 is a void page (It reads: “M. Gemsch, Zellwegerhause, Trogen/App. Switzerland, 11. Nov. 1954”).

¹⁴⁸ Page 81

¹⁴⁹ PB himself inserted “XXV” at the top of the page by hand. The main body of the text is written by Evangeline, but PB has edited it as noted. – TJS ‘20

¹⁵⁰ PB himself inserted “to learn” by hand.

¹⁵¹ PB himself changed “be willing” to “being ready” by hand.

¹⁵² PB himself inserted “for days or even weeks” by hand.

¹⁵³ PB himself inserted “through some event or contact or” by hand.

¹⁵⁴ Page 82 is a void page (a letter to Mrs. Last dated 1956 November 22.)

J14.083 - PB on Feelings, Happiness, Prayer, Loving Your Neighbor, Intellect, Emotional Life, Oriental Initiation

is¹⁵⁵ when the 2 sex poles come into.

1. Analyze feelings

2. find out honestly where is it that I am judging the whole situation falsely.

What is lacking in you, what have you done

3. Only happiness is to serve fellow-beings.

4. Real Prayer to Providence¹⁵⁶ to have you know the Divine Will, for understanding.

5. Prayers for miracles cannot be heard, {but}¹⁵⁷ to pray not to harm fellow beings to be kind and egoless.

7.¹⁵⁸ Loving your neighbor as yourself is the highest intellectual way in which you can act.

Intellect is a neutral energy. When you use it in a high or low way it will react in that particular way.

You have to gain a certain stage of development before you can gain intelligence in your emotional life.

Oriental Initiation based on feeling appeals to sensation. The only real initiation is the organic which

J14.085 - On Practice Not Theory; Address and Phone for Sarira Wesselman and Jacques Masson

85 - 86

to¹⁵⁹ practice it not just keep it in theory. A chance to rise to a higher level.

Sarira¹⁶⁰ Wesselman¹⁶¹

2600 Sycamore Canyon Road.¹⁶²

Woodland 9-0973

¹⁵⁵ Page 83

¹⁵⁶ "Prov." in the original.

¹⁵⁷ Illegible; our best guess is "but." – TJS '20

¹⁵⁸ Page 84

¹⁵⁹ Page 85

¹⁶⁰ Page 86

¹⁶¹ "W." in the original

¹⁶² Possibly in Santa Barbara, CA. – TJS '20

Masson
2371 East Live Oak Drive
LA 28
Hollywood 4-8540

on inside envelope Mr. and Mrs. Glass.

J14.087 - PB on the Self Becoming Polarized in the Universal Light

The¹⁶³ self becomes polarized in the light that everyone in the Universe is the center of each individual Universe, and from that center life proceeds.

In polarization is the only strength. (When the "I" becomes too pronounced realize this great Truth)¹⁶⁴

J14.089 - PB on Happiness as Gratitude to God; Facing Problems

1.¹⁶⁵ We can repay God for all his gifts to us by being happy. This is the expression of our gratitude to Him.¹⁶⁶

magnify¹⁶⁷ our problems until they seem impossible to cope with. Face them, do something about them, action always, and they soon disappear.¹⁶⁸

J14.091 - 1955 December 24 - First Appearance of Healani

Christmas¹⁶⁹ Eve 1955¹⁷⁰

{At}¹⁷¹ each practice of Zazen¹⁷² I shall join you. I {shall} be you. The two blend into one entity. The {unseen} shall take form temporarily, for the benefit {of} those who

¹⁶³ Page 87

¹⁶⁴ Page 88 is a void page.

¹⁶⁵ Page 89

¹⁶⁶ The top and bottom of the page are cut off.

¹⁶⁷ Page 90

¹⁶⁸ The top and bottom of the page are cut off.

¹⁶⁹ Page 91

¹⁷⁰ This entry is typed.

¹⁷¹ The top left corner of this page is unreadable due to a misaligned carbon. We have noted missing or partial words with curly brackets but have inserted the correct words from duplicate entry J01.043 in Evangeline Journal 01. (That entry is handwritten, while this entry is typed.)

¹⁷² "Za Zen" in the original

dwell in the world of the seen. In {that} state of Zazen¹⁷³ and to that being who shall {come} into this form for that time, the name of {Healani} is to be given, for it applies to the new {one} who is born out of this union.

Healani appears to give Grace. Five ways shall {this} grace be manifest. In the first way, there shall be healing, whether of mind or body, feelings {or} thoughts. In body the sickness and disease, in mind the pressure and tension, in feeling, the lusts and the illness making negatives, and in thought, the errors and the imbalances. In the second way of Grace, the spoken word shall be used as the channel. In the fourth way of Grace the written word shall be the channel. Whether written by Healani's own hand or by his scribe's hand upon a type machine or whether printed in journal or book. In the fifth way of Grace there shall be nothing used that will reach any of the five senses of the body. There shall be no outward acts by Healani other than the simple sitting on the part of those who are to receive, in relaxed silence.

From this Christmas eve to the last day of this holy period which ends with Easter, Healani will inscribe the message of the new book through P.B. Therefore, this message will be brought to an end at Easter, not before, and not later. For that work P.B. must withdraw from all other work, and must isolate himself still more and must postpone the other necessary activities until the writing down of the message is finished.

It will be needful to have two sessions of meditation each day. The first to open the day, the second to close it. Whether the sessions be short or long, according to the conditions and circumstances of each particular day, they must be held.

After the work of writing the new book is at an end, a fresh cycle covering the next few years will open for Healani, and for his servant P.B. This will be concerned with the selection and the preparation of those who are to be brought into the shelter, and also for the preparation of the {shelter}¹⁷⁴ itself.¹⁷⁵

J14.093 - PB on Death State, Suffering, the Physical Plane, and the Spiritual Plane

Death¹⁷⁶ State

Astral worlds are same as individual imagines them to be. Death does not change attitudes and beliefs.

We go through higher spiritual domains and feel great joy and peace but are unable to perceive the greatness as long as we are so undeveloped.

¹⁷³ "Za Zen" in the original

¹⁷⁴ This word is partially obscured due to a misaligned carbon; only "shelt-" is visible. We have inserted "shelter" to match duplicate entry J01.043 in Evangeline Journal 01.

¹⁷⁵ Page 92 is a void page (the end of a letter from Dr. Howard A. Rusk, president of the American-Korean Foundation).

¹⁷⁶ Page 93

(Animals have paradise. Ones that have been killed have horror before going to paradise.)

When meeting higher intelligence within the domain of Wisdom they {will}¹⁷⁷ see vast creations but will only be able to grasp what their development allows.

(Take your Dog for a walk – you see the same things but do not experience the same things.)

(There¹⁷⁸ they¹⁷⁹ realize that the physical plane is important to their development.)

There is no suffering, pain or worries on this great spiritual plane. All will experience as much light as their development allows.

There are great differences on the spiritual plane in the individuals.

The most advanced beings on this planet will come into contact with the highest beings in the spiritual world.

Bad conscience is {end}¹⁸⁰ effect of {carnal}¹⁸¹ knowledge. The growing human consciousness inside the human being wants most to grow within.

Suffering¹⁸² and the physical plane should be welcomed because it gives you an opportunity to learn and grow. Every experience should be welcomed as a gift to grow by.

When the mind is constantly dwelling on spiritual things the wavelengths (spiritual) will come in contact with great spiritual beings who will help them.

When the mind dwells on the great it sends out great waves of spirit.

J14.096 – PB’s Shanti Mantra

Peace¹⁸³ – Shanti¹⁸⁴

Uumm Ramana

Umm

Peace Shanti – Peace Shanti – Peace, Peace, Peace, Peace, Peace,

Shanti, PEACE, PEACE

Shanti

PEACE – Shanti

¹⁷⁷ We changed “we” to “will” for clarity.

¹⁷⁸ Page 94

¹⁷⁹ Evangeline inserted “2.” at the top of the page.

¹⁸⁰ Illegible; we have inserted “end” as our best guess. – TJS ‘20

¹⁸¹ “c” in the original – I take this as referring to ‘carnal’. – TJS ‘20

¹⁸² Page 95

¹⁸³ Page 96

¹⁸⁴ PB would often say something like this instead of saying goodbye to someone. (At least that was the case in his latter years.) – TJS ‘20

J14.097 - PB on the Future Evolution of Man, Both on Physical and Spiritual Planes

Future¹⁸⁵ -

After culmination of darkness man will have to have a culmination of light - In 3,000 years we will {have}¹⁸⁶ the realm of the real human being.

New scientific and intellectual way to cosmic illumination. Let all your daily life come into accord with the great divine laws. After doing this¹⁸⁷ for a certain period it will become automatic: This way illumination will last because it is perfect in all respects. The people who are {now}¹⁸⁸ studying spiritual science will in 3,000 years be governing this planet. They have come into the first part or first step to initiation.

All¹⁸⁹ suffering is a consequence of going against this law "Love your neighbor." Through the experience of great darkness and suffering we will experience great light for we will be forced to work according to divine law. "Love your neighbor" is the only way to have a happy marriage.

Through¹⁹⁰ this knowledge the world can practice these laws.

The intention of reincarnation is to take the ones from the spiritual plane to the physical in order to teach them this rule. It is to teach them to think logically. It cannot be learned on the spiritual plane.

The¹⁹¹ intention of reincarnation¹⁹² is to carry us back again and again to teach us to master the physical matter around them, not only to destroy, but to bring happiness and joy to everyone. When the perfect man {is}¹⁹³ the image of God then reincarnation will stop. Then we will be able to go into the pure spiritual¹⁹⁴ planes. If you cannot master the material plane you cannot {master}¹⁹⁵ the spiritual.

On the spiritual plane thought has complete mastery, on the physical it has not. As in the same way as a child has to master his tongue in order to speak, so you must master¹⁹⁶ the matter on the physical plane {and control}¹⁹⁷ your thoughts logically

¹⁸⁵ Page 97

¹⁸⁶ Illegible; we have inserted "have" as our best guess. - TJS '20

¹⁸⁷ Page 98 (Evangeline wrote "2" at the top of the page)

¹⁸⁸ We deleted "are" after "now" for clarity.

¹⁸⁹ Page 99 (Evangeline wrote "3" at the top of the page)

¹⁹⁰ Page 100 (Evangeline wrote "4" at the top of the page)

¹⁹¹ Page 101 (Evangeline wrote "5" at the top of the page)

¹⁹² "R." in the original

¹⁹³ We changed "in" to "is" for clarity.

¹⁹⁴ Page 102 (Evangeline wrote "6" at the top of the page)

¹⁹⁵ "m." in the original

¹⁹⁶ Page 103 (Evangeline wrote "7" at the top of the page)

¹⁹⁷ Evangeline crossed out a word or two after "plane" but didn't replace them, so we have inserted the missing words "and control" for clarity. - TJS '20

before you are ready for the spiritual plane. When coming into the physical plane if you want to master matter, you must master through logic. Only if handled logically.

Even¹⁹⁸ “you” is garbed in matter, and must be treated by you logically - This body is constituted by tiny living beings. Whenever you react to your body illogically they will tell you through pain. In the spiritual world the only suffering you get is by thinking. Here we are getting our thought and¹⁹⁹ actions in order that by the time we arrive at the spiritual world we will be thoroughly trained to act in accordance with the Divine Law. Therefore the physical plane is like a vast laboratory where the beings are put and given free will, and then experiencing the results.

Through²⁰⁰ every thought there will be a reaction. Then beings will learn to realize the difference between the evil and good that comes as an aftereffect of the thinking.

Through these results, there will begin to arise in the being a consciousness. You may observe the²⁰¹ first beginning in the plant world as it reacts to heat and cold, light and darkness, it will cause many effects on the plant. Through the millions of years you see the development in the plant. Then on to the animal, then to human.

Trees rocking in the wind is God awakening consciousness in the trees. By the constant disturbance the²⁰² tree will start to hear and see (later in animal world).

Through the effects {of}²⁰³ day and night on the plant, originates sleeping.

Through the shifting of summer and winter (the leaves are falling, and plant is dead through winter and comes alive in spring), this is how reincarnation comes about. In fall death to plant world.

The²⁰⁴ trunk and roots do not die so quickly, sometimes live for years, but will eventually die and death comes into the world. After this goes on for millions of years the animal comes. Then death and life comes. Time in the physical, part in the spiritual worlds. When plant goes into animal world (with senses developed), then they have come into the²⁰⁵ laboratory of life and are able to do as they want to. As long as the being is in the animal state it lives by its instincts, and also does not smoke tobacco, or drink alcohol etc. In the present day the culmination is approaching when everything will explode and bring greater suffering to²⁰⁶ humanity, while humanity is able to destroy cities, they are unable to control their thoughts, sickness. They are not logical. They consider it logical to slay ones that they do not agree with or think that they are

¹⁹⁸ Page 104 (Evangeline wrote “8” at the top of the page)

¹⁹⁹ Page 105 (Evangeline wrote “9” at the top of the page)

²⁰⁰ Page 106 (Evangeline wrote “10” at the top of the page)

²⁰¹ Page 107 (Evangeline wrote “11” at the top of the page)

²⁰² Page 108 (Evangeline wrote “12” at the top of the page)

²⁰³ We changed “on” to “of” for clarity.

²⁰⁴ Page 109 (Evangeline wrote “13” at the top of the page)

²⁰⁵ Page 110 (Evangeline wrote “14” at the top of the page)

²⁰⁶ Page 111 (Evangeline wrote “14” at the top of the page)

causing the suffering instead of themselves. Such experience would not²⁰⁷ be able to experience on the spiritual plane. Now people want a peaceful world. They are still illogical, and cannot stop war by war.

Sow Peace

Reap Peace

The worst mistake of humanity is to think they can make peace through war.

As²⁰⁸ long as you need force to retain order you have no real peace.

Now mankind is making for its greatest mistake, but taking the forces of nature in order to force people under their will. Even now people are understanding that peace is inside the being. It must start there. It is the "The kingdom of heaven is within." – Jesus

It²⁰⁹ is this mental attitude which must be established scientifically. Within Science now is a greatly developed intelligence. Within the last 100 years great progress made. This modern science has enabled us to press a button and turn on lights and flying in airplanes in great rapidity.

Mankind²¹⁰ has gained a great deal over nature by intelligence but of themselves, or their real I – they have only consciousness of an animal. On the physical plane and have a great ability to think logically. Science understands what is outside the human, but not inside.

Human²¹¹ beings have an immense knowledge on the physical plane, but the psychic consciousness is still that of an animal.

Whenever people have disagreements between each other, they are just the same as an animal but can use bombs, guns. It is the consciousness of the animal which is applying the intelligence of²¹² the human being. This is bringing forth the day of judgement when they will learn that by force they will do no good. The intention of spiritual science is to let mankind master inside as well as Science masters outside.

The²¹³ wars and war to come will {elevate}²¹⁴ Spiritual Science greatly.

Now as you are able to look back and see how things are happening, now you will be able to look into the future and see what is going to²¹⁵ happen.

On the Day of Judgement "sheep to happiness," "goat to hell." Before groups of countries against each other – now only two forces standing against one another.

Goats and sheep in both elements, one²¹⁶ element will want to promote culture and love – one will want to kill and destroy. Two principles – one is force – kill all who

²⁰⁷ Page 112 (Evangeline wrote "15" at the top of the page)

²⁰⁸ Page 113 (Evangeline wrote "16" at the top of the page)

²⁰⁹ Page 114 (Evangeline wrote "17" at the top of the page)

²¹⁰ Page 115 (Evangeline wrote "18" at the top of the page)

²¹¹ Page 116 (Evangeline wrote "19" at the top of the page)

²¹² Page 117 (Evangeline wrote "20" at the top of the page)

²¹³ Page 118 (Evangeline wrote "21" at the top of the page)

²¹⁴ Illegible; we have inserted "elevate" as our best guess. – TJS '20

²¹⁵ Page 119 (Evangeline wrote "22" at the top of the page)

²¹⁶ Page 120 (Evangeline wrote "23" at the top of the page)

oppose each other's views. All people who have horizons over limits of the rulers will be killed for they oppose the force.

Once²¹⁷ dictatorship was a divine principle when people were not developed. At that time it was in favor of humanity. They had to be led by the religious government.²¹⁸ At that time they felt the king to be a righteous judge and felt protected by him. Once the pharaohs of Egypt had²¹⁹ an initiation which enabled them to lead the people. The mass had no development intellectually so would follow blindly and were happy. In the course of time they began to develop intelligence, then began to incarnate in kings mentally unfit and sadistic. Thereby developed tyrants and culture began to sink.

Then²²⁰ people began to rule themselves. Part of God's plan to wake people up. Today the king is degenerated so that he has no more real power. He just says yes to the people. Leader government²²¹ is not part of the Divine Plan for humanity. This kind of government²²² can only²²³ come from people who are egoistic, selfish and ambitious. They never were initiated by God to be rulers. They always fall because they are working against all the principles of the Universe against them. Now humanity is ready to govern themselves.²²⁴ This principle of dictatorship is a great evil. We have passed this long ago in evolution. The principle of the "goats" (dictatorship) will destroy itself - The other principle will of Democracy (ruling ourselves) sheep.

Inside²²⁵ Democracy you are able to turn away the leader if he is inefficient. All the intellectuals can use their abilities to choose which way to go. There is always room for development. Democracy is only in its first beginnings. It is far from perfection.

It²²⁶ is because of its "child {illegible}"²²⁷ of Democracy dictatorship has exerted itself.

Two principles are facing each other. There will be a great war between them, and democracy will be victorious. Then there will only be²²⁸ one power in the world. After this war when the Sheep rule will come the United States of the World.

The last world war - all the fleets will become a police force inside the world state and when some of them want to have small war²²⁹ the police will put it down.

²¹⁷ Page 121 (Evangeline wrote "24" at the top of the page)

²¹⁸ "govern." in the original

²¹⁹ Page 122 (Evangeline wrote "25" at the top of the page)

²²⁰ Page 123 (Evangeline wrote "26" at the top of the page)

²²¹ "govern." in the original

²²² "govern." in the original

²²³ Page 124 (Evangeline wrote "27" at the top of the page)

²²⁴ Page 125 (Evangeline wrote "28" at the top of the page)

²²⁵ Page 126 (Evangeline wrote "29" at the top of the page)

²²⁶ Page 127 (Evangeline wrote "30" at the top of the page)

²²⁷ Illegible in the original; it looks like "desires" or "deceiver" but neither parses. I think that "childishness" or immaturity of democracy is what is meant. - TJS '20

²²⁸ Page 128 (Evangeline wrote "31" at the top of the page)

²²⁹ Page 129 (Evangeline wrote "32" at the top of the page)

Only in the beginning will they need police –
Now only one government – all the valuables, mind and matter will belong to everyone.

The principle of money will degenerate. The²³⁰ real values will be placed in man's ability to improve things.

The greatest thing will be given to all children – teaching and education to help them to go to the extent they can in this incarnation.

There will also be peace on²³¹ the religious and political fields. Because all of the arguments are caused by not knowing the truth.

All this takes gradual development. When spiritual science becomes well known – peace, joy, harmony everywhere it is practiced – they won't need old religious dogmas anymore.²³² All of these movements and parties are like mountain streams flowing down to the ocean (Truth). They are all seeking for the Truth. They are flowing mostly toward the Truth. When having reached the Ocean they have all come together and there are no more wars anymore. Individuals are all searching²³³ for God in different ways. In the new world state the whole social order will be altered. Until now we have developed machines very far. Then humanity will have all its material demands fulfilled. Then arts will be just as much needed as mechanical work.

Many²³⁴ in spirit world that belong to the earth –

Gradually the curses of childbirth will disappear. People will materialize.

The beginning of this new social order has started today. When no war there are too many unemployed people in peacetime.

It shows that people have much more²³⁵ leisure time and work is no longer a curse. The only way to keep work is war.

War will be overcome. But the thing that will not be overcome is unemployment will always be on the increase. Unemployment will transform the whole social order of this world.

When²³⁶ perfect peace has been attained it will be simple to cover demand. Now all private interest is struggling against each other. (Now we are robbing economically.) Private interest will disappear. Only try to develop your abilities to the highest degree. Only difference will be in spiritual development.

When²³⁷ difference in talent will never create jealousy, because all material needs are supplied.

Everyone will be able to obtain what you want. Then the government will be able to find out by great machines what the demand is.

²³⁰ Page 130 (Evangeline wrote "33" at the top of the page)

²³¹ Page 131 (Evangeline wrote "34" at the top of the page)

²³² Page 132 (Evangeline wrote "35" at the top of the page)

²³³ Page 133 (Evangeline wrote "36" at the top of the page)

²³⁴ Page 134 (Evangeline wrote "37" at the top of the page)

²³⁵ Page 135 (Evangeline wrote "38" at the top of the page)

²³⁶ Page 136 (Evangeline wrote "39" at the top of the page)

²³⁷ Page 137 (Evangeline wrote "40" at the top of the page)

Principle of trade today is to get as great as²³⁸ possible but give as little. Then the value is equaled on both sides. And each one will be paying in the way which they like best to do. No one will be forced to do anything. Will be placed where he likes to be.

No²³⁹ profit in World State. No money. You get a car if you sing as many hours as it took to make it. Now people are forced to do things that they don't like to do.

In future you will do what you like to do.

All people will be well-off. Everything²⁴⁰ will be of the best.

Now firms are selling bad materials of inferior quality so they can sell new things soon.

As soon as you have learned what you should, then karma has no more force. Before only by {initiation}²⁴¹ to the few but²⁴² now this knowledge has come to the earth and everyone can learn for himself how to live and to eventually dissolve his karma. Now you can learn through the intellect and grow to God.²⁴³

J14.143 - PB on Vegetarianism, the Science on Nutrition, Reincarnation, Energy, Matrimony, Sexual Ecstasy

Leaving²⁴⁴ animal food will go to vegetables and plants. And development will go further to fruits – thus no killing. At last evolution will go so that nutrition. Ripe fruits. Will never it seeds, nuts, grains, then finish with roots and leaves. Only thing left will be the meat of fruit around the kernels.²⁴⁵

Evangeline Brunton

Some are vegetarians for purely selfish reasons, go to fanatic extremes.

Science²⁴⁶ has not yet found what happens to the food being digested.

When you're eating potatoes etc. raw, after eating the stomach juices will kill it.

Nourishment is not a physical thing. The psychic force behind the plant which goes into the blood.

²³⁸ Page 138 (Evangeline wrote "41" at the top of the page)

²³⁹ Page 139 (Evangeline wrote "42" at the top of the page)

²⁴⁰ Page 140 (Evangeline wrote "43" at the top of the page)

²⁴¹ Illegible; we have inserted "initiation" per context. – TJS '20

²⁴² Page 141 (Evangeline wrote "44" at the top of the page)

²⁴³ Page 142 is blank.

²⁴⁴ Page 143 (Evangeline wrote "I" at the top of the page)

²⁴⁵ This is a summary of a view long held by PB and Shankaracharya of Kancheepuram: that humans will stop eating animals including eggs and milk, and subsist on all parts of the plant, but eventually our bodies will evolve to being able to subsist upon fruit alone, allowing the plants to continue to live and (mostly) reproduce. In case the usage is unclear "meat" is an old way of referring to the plant matter around a seed. – TJS '20

²⁴⁶ Page 144 (Evangeline wrote "2" at the top of the page)

That part which cannot be killed by the digestive juices incarnates in the blood and becomes nourishment.

Reincarnation²⁴⁷ is the living reality of existence. Tomorrow shall come, and on and on through eternity, {now}²⁴⁸ struggle on toward the light. God is near, yet God is far. The paradox!

Then when the reality is verified, the ultimate truth is well organized and regulated until the foremost part of existence is related for the {evolution}²⁴⁹ of the whole. Hold to this, waver not and the one shall become united with you.

Peace be with you.

To²⁵⁰ realize the force of energy you must first discover its origin. There lies a great relief in understanding this principle. To relate the facts is a charged duty of one who has succumbed to the reality of existence.

{Pursuing}²⁵¹ the whole problem is job for the highest, most educated one in the world.

Let this stand as it has been written.

Matrimony²⁵² will lose its value.

As men outgrow the mammal stage, practical science will become just basic knowledge and will be of little value.

“Real humans” are loving everything and everyone. They have now the ability to experience sexual ecstasy when looking into the eyes, shaking hands, and kiss.²⁵³



²⁴⁷ Page 145

²⁴⁸ Illegible, we have inserted “now” as our best guess. – TJS ‘20

²⁴⁹ There are several illegible words in this sentence; we believe that this word is “evolution” but it could be “culmination”. – TJS ‘20

²⁵⁰ Page 146

²⁵¹ Illegible; we have inserted “pursuing” as our best guess. – TJS ‘20

²⁵² Page 147 (Evangeline wrote “5” at the top of the page)

²⁵³ Page 148 has no text, just the following image on it. (Evangeline wrote “6” at the top of the page.) Also, these three acts (looking, touching hands, touching lips) are the three traditional stages of intimacy in Hinduism. – TJS ‘20

J14.149 – Martinus on Sexual Poles (Masculine and Feminine)

Sexual²⁵⁴ Poles.

At certain stage the masculine degenerates and female appears and vice versa.

When poles are balanced the real human being comes forth.

After Cosmic illumination of race – they will become genius, sparkly life – each giving a new note to the other – all bring light and happiness to²⁵⁵ their surroundings. All are individuals.

Now humans are really animals of prey, eating flesh and blood.

The two sexual poles make the contrast of day and night. No experience would be possible without it. It is divine that this has come²⁵⁶ about.

All abnormalities are not understood because the sexual principal inside humans are not understood.

Life is not going from darkness into the light to remain there forever.

Light²⁵⁷ and darkness continues forever in order to remain forever alive. The experience of darkness is absolutely necessary. Love between man and woman – divine fire in its lowest state. Experienced in sexual intercourse, the most latent state is when the human is mostly masculine or feminine.²⁵⁸

During²⁵⁹ climax of intercourse humans in this dark state are experiencing the pure spiritual ecstasy in a tiny way. In spiritual states this feeling is permanent. Sexual organs are the most highly developed part of the body.²⁶⁰ After sexual state then brain cells. Now more cells²⁶¹ of the planet next sexual state.

²⁵⁴ Page 149. This is similar to material found in Livets Bog (Book of Life), vol. 4, sect. 1560 by Martinus. – TJS '20

²⁵⁵ Page 150 (Evangeline wrote "2" at the top of the page)

²⁵⁶ Page 151 (Evangeline wrote "3" at the top of the page)

²⁵⁷ Page 152 (Evangeline wrote "4" at the top of the page)

²⁵⁸ "mas. or fem." in the original

²⁵⁹ Page 153 (Evangeline wrote "5" at the top of the page)

²⁶⁰ Evangeline deleted "helpful" after "most" and wrote "(sympathy)" after "helpful" and wrote "cells" above "part" in this sentence.

²⁶¹ Page 154 (Evangeline wrote "6" at the top of the page)

Woman's brain is the masculine and masculine²⁶² feminine while sexual organs are "same."

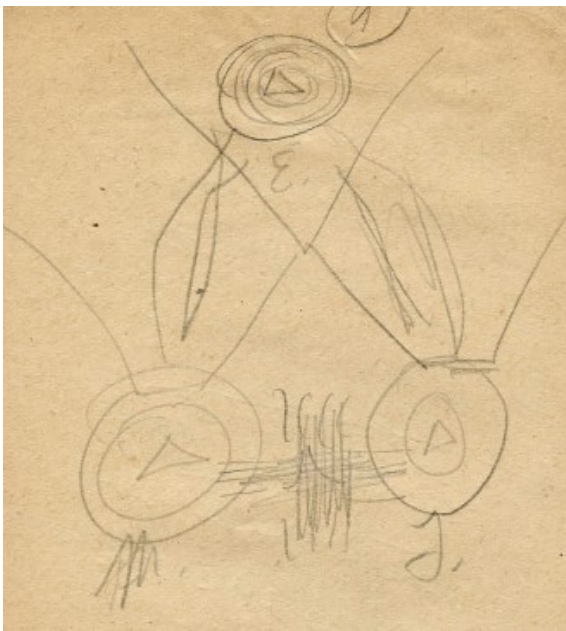
Until sympathy and intelligence are balanced then there will be perfect love.

Discarnated²⁶³ beings live in bliss (different wavelengths). Human beings also have their own special wavelengths of bliss.

May be able to contact other entity who has same wavelength (a child), which will come inside the mother.

This²⁶⁴ is why dogs only have puppies, cats etc. because of the wavelengths.

Until 30 years old child imitates mother or father. When 30, the being will be perfectly itself - its own life is back again.



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By the evolution of the opposite sexual pole - then comes unhappy marriages and divorces -

You²⁶⁶ cannot love your neighbor as yourself until it is an organic state.

²⁶² "mas" in the original. Perhaps what is meant here is that at some point humans will have male brains and female organs vs. female brains and male organs. (There are South Indian Hindu gods like this.) - TJS '20

²⁶³ Page 155 (Evangeline wrote "7" at the top of the page)

²⁶⁴ Page 156 (Evangeline wrote "8" at the top of the page)

²⁶⁵ Page 157 (Evangeline wrote "9" at the top of the page). The initials in this diagram are "E" for Evolution at the top; "M" for Masculine in the lower left and "F" for Feminine in the lower right. - TJS '20

²⁶⁶ Page 158 (Evangeline wrote "10" at the top of the page)

Terrestrial man is standing between two domains. Because of this situation you will see there is a revolution among religious dogmas.

Within²⁶⁷ being today two different states animal and real Human being –
So these beings who are partly developed have very unhappy marriage. The difficulties are within themselves, not in other person.

In²⁶⁸ order to really have a happy marriage they must have common love of the “real” human being. They must use this, and understand. Companionship, common spiritual interest must be the main factor of the real marriage. In that way the marriage will develop.

There²⁶⁹ will come a greater sympathy and you will then become married to all who have same spiritual development.

Coming marriages are when you find God in everyone.²⁷⁰

J14.163 - Martinus on Path to Illumination, on Christ and Barabbas and the Crucifixion

Path²⁷¹ to Illumination

Pilate let Christ be crucified against his whole will.

First step toward initiation you have to face the mob (the consequences of our attitudes). Will we let Christ live or let {Barabbas?}²⁷² The attitude of Pilate is the first step toward initiation. The out circumstances²⁷³ of Pilate is the same as our inner strife. Shall we let the Christ Principle live or die and let our lower self live.

Pilate let Christ die because he still had dark nature within him. Just as we crucify him every day when we are selfish or angry. Between these two natures of²⁷⁴ Christ and Barabbas our real I lives. In every being there is the Christ and Barabbas nature. Between is the consciousness and willpower. Very often the egoistic cravings

²⁶⁷ Page 159 (Evangeline wrote “11” at the top of the page)

²⁶⁸ Page 160 (Evangeline wrote “12” at the top of the page)

²⁶⁹ Page 161 (Evangeline wrote “13” at the top of the page)

²⁷⁰ Page 162 is blank.

²⁷¹ Page 163 (Evangeline wrote “1” at the top of the page). This is similar to Martinus’ essay “Word Religion and World Politics. – TJS ‘20

²⁷² Evangeline appears to have written “Balman” here, but the Biblical trade is freeing the known insurrectionist Barabbas and crucifying the innocent Christ. Evangeline maintains this (incorrect) name in the following paragraphs, we have changed it to “Barabbas” throughout. – TJS ‘20

²⁷³ Page 164 (Evangeline wrote “2” at the top of the page)

²⁷⁴ Page 165 (Evangeline wrote “3” at the top of the page)

are gaining force you kill Christ. Whenever social obligations of listening to what people say. Every time you kill Christ you receive suffering and dark karma.

The²⁷⁵ more advanced you become the more you have to give up. Great ego mental attitudes you will have to give up. The more a person suffers the more they will feel the suffering of others. The more you feel compassion with your fellow being you will not hurt them but love and forgive – Christ shall live.

As²⁷⁶ advancement progresses you will learn by {intelligence.}²⁷⁷ Advanced beings would prefer to carry the cross themselves before letting anyone else carry it.

Beings now are so far advanced that they are willing to take the suffering that will come to them by denying their ego.

When the ego is dead and the mind is balanced with

when²⁷⁸ received the cosmic glimpse, you feel immortality – you will never die.

Now the stage of the Disciple – ({Illegible}²⁷⁹) Starting on the path of Christos. You will see that all the disciples except St. John were crucified. They would prefer to be crucified instead of²⁸⁰ destroying the Christ principle. In the same way all people (illuminations)²⁸¹ have to go through many sufferings, they feel that they can't let go of everything. They will go through a great spiritual darkness until they realize that they must let God's will be done, not your will. Not illumination for yourself but by God's²⁸² will. When you have this glimpse you must not feel you are ready for heaven, now you must experience great suffering. You will want to discuss the glimpse with others of higher order in order to understand. In the end you must give up everything, even yourself. Christ stayed to be completely crucified.²⁸³ In the beginning you will give up small things. As you advance you must give up greater things – then even yourself.

Your whole life is of one purpose – to serve other beings. You must give up everything in order to serve humanity. All of your dark sides shut out the light. You {must}²⁸⁴ be²⁸⁵ a sun to your surroundings. The cosmic initiation is the resurrection. Then you will find through all your fellow beings God. You will feel constant contact

²⁷⁵ Page 166 (Evangeline wrote "4" at the top of the page)

²⁷⁶ Page 168. (We changed the order of pages 167 and 168 per context)

²⁷⁷ We changed "intelligent" to "intelligence" for clarity.

²⁷⁸ Page 167 (Evangeline wrote "5" at the top of the page). There is no page "6"; this probably explains the hiatus here. – TJS '20

²⁷⁹ Illegible; it may be "Tremble." – TJS '20

²⁸⁰ Page 169 (Evangeline wrote "7" at the top of the page)

²⁸¹ "(illuminations)" is written above the line and appears to be inserted here with a caret, though its meaning is unclear. – TJS '20

²⁸² Page 170 (Evangeline wrote "8" at the top of the page)

²⁸³ Page 171 (Evangeline wrote "9" at the top of the page)

²⁸⁴ We inserted missing word "must" for clarity.

²⁸⁵ Page 172 (Evangeline wrote "10" at the top of the page)

with God. You will not do other than the Will of God. You will always be in perfect harmony with God. You²⁸⁶ will have an inner superiority to everything.

All man now is working toward illumination. There will be death of the ego and Christ will live to serve his fellow beings. You will be so conscious of the will of God that none other will you do.

The²⁸⁷ crucifixion means that every time you let problems live, suffering both mental and physical will rise. Christ has given the proper directions when he said "Love your neighbor as yourself" then you allow suffering to come to you.

When you study the Christ life you see depressions²⁸⁸ because the contrast is so great. Now the more dangerous it is to become angry since the illumination (Christ was a genius in human living). Now extremely dangerous to give way to gross emotions. It has become a science to know how to live. All thoughts that are evil are poison. The state of being angry to²⁸⁹ the advanced person are destructive. Because he has become so refined that the cross emotion will destroy. Man has reached a state where they cannot go on without knowing the proper way! The greatest Yoga is to realize that the fellow-being is only acting as he can on

J14.177 - {Scattered Notes from Talks with Martinus and PB}

On²⁹⁰ planet where he²⁹¹ came from, kingdom of heaven is without as well as within.

I have forever to sing. Find myself first. Pray for guidance and it will show you the way - Art one day²⁹²

The²⁹³ time has come in the evolution of man whereby they need scientific truth as well as faith. They fit together and give a complete picture.

Martinus is completely past the ego. God if I could but become that way!²⁹⁴

²⁸⁶ Page 173 (Evangeline wrote "11" at the top of the page)

²⁸⁷ Page 174 (Evangeline wrote "12" at the top of the page)

²⁸⁸ Page 175 (Evangeline wrote "14" at the top of the page)

²⁸⁹ Page 176 (Evangeline wrote "15" at the top of the page)

²⁹⁰ Page 177. These pages (as all brown paper pages probably do) record some notes made by Evangeline in 1952 when she and PB were staying with the Danish mystic Martinus. It is likely that she quickly took down bits of their conversation while also noting her own feelings. We have no real way of attributing these statements—they may be from any of the three individuals. —TJS '20

²⁹¹ Referring to Jesus Christ. PB later clarified this as "plane" not "planet." —TJS '20

²⁹² Page 178 is blank.

²⁹³ Page 179

²⁹⁴ This is Evangeline's thought, not PB's. —TJS '20

A great spiritual being must be of high intelligence²⁹⁵

Minds²⁹⁶ were so primitive that the spiritual life must be {transmitted}²⁹⁷ by stone.

All mystery of religion came from Egypt.

It brings message of origin of religion.

Wounded fugitive between two countries

Human beings of today²⁹⁸

Nothing²⁹⁹ I do is any credit to me – M.³⁰⁰

Do not look on me but to God. There are many such as me.

Martinus – Spiritual Science.

Learn by brain first³⁰¹

fact³⁰² that you are reborn shows that you must work out each fault, sides must be {outlined}³⁰³ –

When 30 leave last incarnations behind – all faults will melt away³⁰⁴

a³⁰⁵ real cosmic glimpse leaves you with knowledge which helps you upward. Real cosmic glimpses are not contradictory to nature created by God. All desires should be outlived.

Arrive cosmic glimpses free from dogma.³⁰⁶

²⁹⁵ Page 180 is blank.

²⁹⁶ Page 181

²⁹⁷ Illegible; it could be “transmuted” or “transmitted.” We have inserted “transmitted” per context. – TJS ‘20

²⁹⁸ Page 182 is blank.

²⁹⁹ Page 183

³⁰⁰ Referring to Martinus, which also places these notes on brown paper to 1952 when Evangeline and PB were visiting him. – TJS ‘20

³⁰¹ Page 184 is blank.

³⁰² Page 185

³⁰³ Illegible; it could be “outlived” or “outlined.” We have inserted “outlined” per context (as in “we must outline our faults to know ourselves,” which is a common PB theme). – TJS ‘20

³⁰⁴ Page 186 is blank.

³⁰⁵ Page 187

³⁰⁶ Page 188 is blank.

J14.189 - Martinus on Spiritual Fire and the Masculine and Feminine, Adam and Eve, Sexual Desires as Root of Suffering, Love Thy Neighbor

Spiritual³⁰⁷ “Fire” both the most elevated and highest element of the Universe. This Spiritual³⁰⁸ fire’s object is to organize all the Universe. The destination is to keep life forever going, because the Universe is of eternal life. This fire is called the sexual instinct in all human beings.³⁰⁹

It³¹⁰ is divided into two principal poles – masculine and feminine. In all beings. Always in varying degrees. Conditions of this changing of the poles changes the living being. When the two poles are balanced this individual is in its highest development. When one is dominating and³¹¹ the other is latent the individual is in its lowest state. Adam symbolizes us. Once we were balanced into the two poles. He had lost his consciousness and had to experience again in order to get back spiritual consciousness but in a greater degree. Without the birth of³¹² Eve he would not experience. Now people become beings where one pole was developed. It started in the plant world. The creation of Eve was of all beings.

When the degeneration of one of the poles comes about a great change comes –³¹³ it³¹⁴ is the same as going from high spiritual world to lower animal world. They are destined to love only the opposite sex. Therefore there is rivalry, war, hate, all come from not having balance of two poles.

This starts in plant world and reaches its³¹⁵ highest culmination point in the lower humans. There is one thing which we must not forget the symbol of the snake is the world redeemer who is driving ones on to further development. At that time was to go into greater³¹⁶ darkness in order to grow. These beings had to eat of the tree of knowledge if they were to grow.

³⁰⁷ Page 189. Much of this reads like Martinus’ writings, particularly the term “sex poles”; it is possible that these notes are book extracts, snippets of conversation with Martinus, or it might be PB’s filter on Martinus. – TJS ‘20

³⁰⁸ “S.” in the original

³⁰⁹ PB himself wrote “Sexual Poles” in large letters and with a different pen over the text in the middle of this page.

³¹⁰ Page 190 (Evangeline wrote “2” at the top of the page)

³¹¹ Page 191 (Evangeline wrote “3” at the top of the page)

³¹² Page 192 (Evangeline wrote “4” at the top of the page)

³¹³ We inserted a dash for clarity.

³¹⁴ Page 193 (Evangeline wrote “5” at the top of the page)

³¹⁵ Page 194 (Evangeline wrote “6” at the top of the page)

³¹⁶ Page 195 (Evangeline wrote “7” at the top of the page)

You must {know}³¹⁷ of the contrast of good and evil.

Jealousy is the root of all evil (sex)

All³¹⁸ suffering arises from two sexes. This state makes it necessary for animals to kill, and also wars.

Evolution culminated at a certain point the death of Eve began. This is when the animal becomes a man. At this point the masculine began to develop a³¹⁹ feminine pole and vice versa. This began the new consciousness both animal (evil) and human (good). All beings on this planet who are called human beings have two poles. In primitive man the animal consciousness is very strongly dominating. The opposite pole in³²⁰ the beings is developing the intelligence and spiritual. In the opposite poles live all our human abilities. It is the opposite poles which give the human its superiority to animals.

By³²¹ applying intelligence to the animal instincts they create horrible destiny, worse, more cruel than any animal – vice versa.

Perversity is caused by the development of the opposite pole.

We are approaching the place where we³²² will be consciously aware of opposite pole. The pole (dominant) in the person is the egotism. (Love) as we call it is only trying to gratify the ego.

The opposite pole has the ability to really love. (our neighbors, God).

Christ's³²³ love was based on the opposite sexual pole. To love the opposite sex is based on a certain system of body, also to love your neighbor etc. is also a certain system. To love the same sex is only a human attribute.

Christ³²⁴ principle when a mother can love other children besides her own. People who are married are interested in outsiders as well as each other. Now see all the unhappy marriages and how they change partners as streetcars.

If³²⁵ a person with an underdeveloped opposite pole marries one with much developed pole, conflict will arise. The underdeveloped one would be possessive, jealous, doesn't want the other one to have interests outside of the married life. When two people with³²⁶ inner poles are advanced to the same degree then their interests will be matching each other.

The real happy marriage is not just the happiness of the honeymoon. When 30 years old recapitulate past honeymoons.

³¹⁷ We have inserted "know" here, though "eat" or "beware" would also fit the sentence structure. – TJS '20

³¹⁸ Page 196 (Evangeline wrote "8" at the top of the page)

³¹⁹ Page 197 (Evangeline wrote "9" at the top of the page)

³²⁰ Page 198 (Evangeline wrote "10" at the top of the page)

³²¹ Page 199 (Evangeline wrote "11" at the top of the page)

³²² Page 200 (Evangeline wrote "12" at the top of the page)

³²³ Page 201 (Evangeline wrote "13" at the top of the page)

³²⁴ Page 202 (Evangeline wrote "14" at the top of the page)

³²⁵ Page 203 (Evangeline wrote "15" at the top of the page)

³²⁶ Page 204 (Evangeline wrote "16" at the top of the page)

When³²⁷ a person is advanced both of them will be possessed with desire to love each other and make the other happy. When a person is young they are in state where recapitulating the marriage state and will put great stake in romance and following promises.

Cause³²⁸ of divorces are because person is looking to the other as the cause of the unhappiness.

After satisfying of sex desires they wake up and really see each other – period should be intelligent.

The more the person is advanced to two-pole state,³²⁹ the more they are developing the Christ mentality of consciousness.

The more advanced the more the person wants to serve fellow beings not just one person. He does not want any more to satisfy himself but to only give.

This³³⁰ person will love all people – He has sexual contact with all for he loves the “human” in all – when reach this stage cosmic illumination will take place.

Use both equally

Masculine – cool facts

Feminine- love, beauty

³³¹A person may be a genius in arts of [comfort]³³² – this person is a genius in living. The chief of all the art. Because it embraces all the artistic states. You will never be a genius in art to serve your³³³ own egoism. Most persons of genius in art are egotists because they have not developed their moral character.³³⁴

“Whenever I suffer I pray to God to show me what is lacking within myself. I am doing wrong.” All³³⁵ my suffering comes from my imperfect nature.³³⁶

Martinus says when reading books he doesn’t learn a thing but only sees the imperfection of man’s thinking.

Real³³⁷ humans will not be born or not die as we, but will materialize and dematerialize. Thus not having to suffer as now.

All of suffering is {unavoidable}³³⁸ is God’s love.

³²⁷ Page 205 (Evangeline wrote “17” at the top of the page)

³²⁸ Page 206 (Evangeline wrote “18” at the top of the page)

³²⁹ Page 207 (Evangeline wrote “19” at the top of the page)

³³⁰ Page 208 (Evangeline wrote “20” at the top of the page)

³³¹ Page 209 (Evangeline wrote “21” at the top of the page)

³³² “comfort” was written at the top of the page and inserted here with an arrow.

³³³ Page 210 (Evangeline wrote “22” at the top of the page)

³³⁴ This seems to be saying that a ‘genius in living’ is not an egotist, but a genius in art might be, because of its limited and potentially unbalanced scope. – TJS ‘20

³³⁵ Page 211 (Evangeline wrote “23” at the top of the page)

³³⁶ Meaning: if I pray for perfection I’m making an error, since human beings are necessarily imperfect. (This is my take on these notes, not my own opinion.) – TJS ‘20

³³⁷ Page 212 (Evangeline wrote “24” at the top of the page)

³³⁸ Illegible; our best guess is “unavoidable.” – TJS ‘20

Thoughts³³⁹
Killing principle
revenge, jealousy, vanity
abnormal sex (unhappy marriage)
Love your neighbor as yourself.

Impossible until you reach two-sex state: do not condemn people because {they³⁴⁰ cannot.}³⁴¹

Hospitals, doctors, welfare agencies, ambulances – part of the Love thy neighbor substance yet still influenced by {the}³⁴² preceding bad energies.

J14.215 – On Materialistic Arts

Materialistic³⁴³ arts – such as art dealing with war, impurity, materialism, murder, hate, Romantic Love.³⁴⁴

J14.218 – Martinus on Our Place in the Circuit, Reincarnation

Our³⁴⁵ place³⁴⁶ in the circuit

Circuit of day and night. Same principle that you find in the season – winter etc. Circuit of the year, four seasons. These things show us the culmination of darkness. midnight winter of light, worth, life – moon, summer

Summer – life

Winter – death

Morning, spring – light, life

God lets circuit take place to demonstrate the³⁴⁷ renewal of life.

³³⁹ Page 213 (Evangeline wrote “25” at the top of the page)

³⁴⁰ Page 214 (Evangeline wrote “26” at the top of the page)

³⁴¹ This appears to say “the connate” but “they cannot” works better; it appears to mean that those not yet two-sexed cannot help their imperfections (which is a tautology). – TJS ‘20

³⁴² We have inserted “the” for clarity and to reference the list starting with “Killing” above. – TJS ‘20

³⁴³ Page 215

³⁴⁴ Page 216 is blank.

³⁴⁵ Page 218 (Evangeline wrote “1” and “3” on top of each other at the top of the page). This material is similar to the essays found in “Livets Bog, vol. 4, sect. 1097” by Martinus. – TJS ‘20

³⁴⁶ The pages in this entry were not scanned in chronological order, nor is Evangeline’s numbering always accurate. We have rearranged the order of these pages to the best of our ability.

³⁴⁷ Page 217 (Evangeline wrote “2” at the top of the page)

When looking on nature you find in principle similar circuits in different forms. Everything is renewed. Each in our terrestrial life this principle

winter - childhood

spring - youth

summer - middle age

autumn - old age

Even looking at matter

4 stages -

solids

fluids

radioactive forms -

Even water goes through³⁴⁸ different stages

1. sewage

2. springs

3. evaporates into clouds

4. air - sewage again

Always in a spiral all kind of matter is on the stage of circuit.

So all energies either spiritual or material are inside a spiral or are changing or growing. All of these circuits are the key to the mystery of life.

Each circuit is a link in the chain of circuits³⁴⁹ - Day follows days, year -

Then comes the place in the circuit where we only see one - our own circuit in this life. You realize that your life is a part of the chain. Thereby reincarnation becomes a logical reality. Nothing in existence will contradict it, but everything will explain this. We must consider our life a link in a great chain also. Reincarnation - is logical because life does not end³⁵⁰ in itself but in a part of a great chain of life and growth. When we find that in everything there are four seasons you will realize that the human brain is also in a great cosmic circuit. Nothing on this planet has developed to the state of genius as the killing principle. Therefore when you find on the smallest circuit the seasons you find the whole of human race in winter zone.

Man³⁵¹ is even using nature's forces to embody the killing principle.

In the cosmic circuit spring will also come as to the circuit of nature. Signs of spring have come {to}³⁵² this globe - Jesus, Buddha, Krishna -

When studying the mentality -

³⁴⁸ Page 220 (Evangeline wrote "2" at the top of the page)

³⁴⁹ Page 219 (Evangeline wrote "1" at the top of the page)

³⁵⁰ Page 221 (Evangeline wrote "3" at the top of the page)

³⁵¹ Page 222 (Evangeline wrote "4" at the top of the page)

³⁵² We inserted missing word "to" for clarity.

instinct
moral gravity
divine love - (feeling)
intelligence
intuition
memory³⁵³
interaction³⁵⁴ of these energies comes the six domains³⁵⁵
six fundamental energies - six domains
in each one of the domains one energy will dominate.

Six energies may be divided into three intellectual (they're the summer zone), three unintellectual (they're the winter zone when these are dominating).³⁵⁶

J14.226 - Martinus on God as Personal "I" Behind the Universe, on How Cosmic Glimpses Let You Experience God Not as Theory but as Living Being

God³⁵⁷ -

The³⁵⁸ more you advance on spiritual evolution you will realize that God is a personal I behind the Universe. The perception of God is organic, by nature, built into the nature of human beings, even in the animals they perceive God. Whenever an animal is in danger it will make a cry to God, an unconscious prayer to God, not to its attacker which it already knows will³⁵⁹ give no mercy. Then the most primitive human beings you will find that they find life behind anything that moves in nature, there is a spirit. As this primitive man develops first perception of spirits. Good and evil mature spirits in the images of themselves. The longer the notions of spirits developed, so

³⁵³ Evangeline wrote "seven energies" in the left margin with a bracket encompassing this list.

³⁵⁴ Page 223 (Evangeline wrote "5" at the top of the page)

³⁵⁵ "Martinus: the full distance of the cycle is the passage through the domains of the six basic energies, and these six domains actually constitute "life in its entirety" or its appearance in its entire, all-embracing profusion of rays, it is evident that no "thought" whatsoever that represents a local stage in this "entirety" can represent anything but a local or limited expression of the radiant profusion of this "entirety", this "entirety" being of course nothing but the "absolute truth" and thereby absolute "perfection" or "genius"." -Livets Bog, vol. 4, sect. 1097. -TJS '20

³⁵⁶ Page 224 is blank (except Evangeline wrote "6" at the top of the page)

³⁵⁷ Page 226. This is also by Martinus, who frequently links "cosmic glimpse" and the Christian God or Trilogy. -TJS '20

³⁵⁸ The pages in this entry were not scanned in chronological order, nor is Evangeline's numbering always accurate. We have rearranged the order of these pages to the best of our ability.

³⁵⁹ Page 227

humanity too developed; the more human man became, the more human became the Gods also. Thought them as themselves only if³⁶⁰ you have the attitude you will actually feel it.

Father - God

Son - humans

Holy Ghost - divine experience of life

When the living human has reached the state of cosmic consciousness. Every day will be divine experience. You will be in perfect accord with God, they can see his plans.

When real cosmic glimpse you will gain some knowledge, will learn something or have a mission taught³⁶¹ by God. If you apply the right attitude you will be taught by everything.

Through the cosmic glimpses you will experience God not as a theory but as living being. He is in you, around you, everywhere. After this you can speak to God, feel God near you even through suffering you will feel that God is molding you into his presence by the pain.

J14.229 - PB on the Quest and How to Prepare for It

The³⁶² quest is to use all parts of the being so that when the light comes, all parts will be irradiated by it. Hold on to self-humbling prayer for grace, the exercise of sudden remembrance of the Overself, the surrender of the lower nature to the higher, the learning for the real, etc.³⁶³

Religious³⁶⁴ prayer and worship, mystical intuition and meditation, moral reeducation and aspiration, emotional, passional [self-discipline]³⁶⁵ along with the desire to serve humanity when competency has been attained - Not one of these elements are to be left out -

Sometimes there is the need to leave mystical and philosophical study and only deal with your practical problems at hand when you are going through a bad karmic cycle -

³⁶⁰ Page 228 (Evangeline wrote "8" at the top of the page)

³⁶¹ Page 225 (Evangeline wrote "7" at the top of the page)

³⁶² Page 229

³⁶³ "Dictated by P.B. in 1950s" was inserted at a later time by Evangeline's daughter, Melody Talcott, at the bottom of the page.

³⁶⁴ Page 230

³⁶⁵ Evangeline changed "self-betterment" to "self-discipline."